

Talk about health

What we did

From October 2015 to April 2016, we asked Nova Scotians what we need to do to create a healthier future.

What we heard

The comments we heard were grouped into 5 themes.

- Cooperate, coordinate, collaborate
- Build supportive systems
- Live well
- Build a healthy society
- Encourage a healthy population

How it went

91%

said they
had **enough**
information

96%

said a **wide**
range of views
were expressed

70%

said they
think the
conversation
will make a
difference

90%

said the
conversation
was a **good use**
of their time

What's next

We are currently planning the next series of **Talk about health** conversations.

- Can we afford to stand back and see what happens if we do nothing and let the conversation end here?
- How can we better support our own health, our community and our province?
- How can we move forward from here to create a better **culture of health** in Nova Scotia?

Thanks again for being part of this conversation.
To read the full report, visit talkabouthealth.ca

Follow us on  **@engage4health #talkabouthealth**

**"We need to define a
healthier Nova Scotia
and agree before
moving forward."**

By the numbers

42

conversations



19

diverse communities



1000

people



39

partner organizations



9000

visits to
talkabouthealth.ca

